

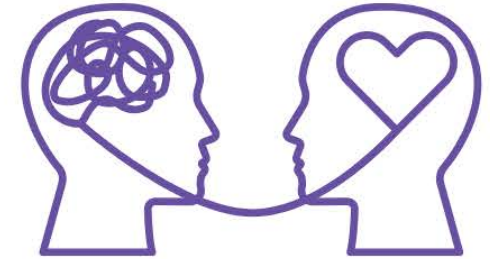


MENTAL HEALTH SERVICES AND SUPPORT

Beyond Blue 24/7
mental health
support service
1300 22 4636
beyondblue.org.au

Kids Helpline
24/7 crisis support and
suicide prevention
services for children and
young people aged 5 to
25
1800 55 1800
kidshelpline.com.au

QLife
LGBTI peer support and
referral
1800 184 527
qlife.org.au



Lifeline 24/7 crisis
support and suicide
prevention services

13 11 14
lifeline.org.au



Headspace
Online support and
counselling to young people
aged 12 to 25
1800 650 890

(9am to 1am daily)

headspace.org.au/ehespace

13YARN
24/7 crisis support
for
Aboriginal and Torres
Strait Islander
people
13 92 76
13yarn.org.au

Mensline
24/7 counselling
service for men
1300 78 99 78
mensline.org.au

Suicide Call Back
24/7 crisis support and
counselling service for
people
affected by suicide



1800 RESPECT
24/7 support for people
impacted by sexual
assault, domestic
violence and abuse

1800 737 732
1800respect.org.au